

The Goebel Gazette

Enrich • Engage • Explore



Goebel

Adult Community Center

805-381-2744

1385 East Janss Road
Thousand Oaks, CA 91362

gacc@crpd.org

crpd.org/gacc

7/31/26

HOURS OF OPERATION

Monday - Thursday:
8:30am- 9:00pm

Please Note:
GACC will be **CLOSED** on
Monday, September 7th
*In observance of
Labor Day*

Friday:
8:30am-5:00pm

Saturday:
12noon-4:00pm

Sunday:
Closed

Congratulations

TO THE 2026 WINNERS OF THE
38TH ANNUAL 4TH OF JULY HOMERUN DERBY!
WOMEN'S CATEGORIES

Ages 50-64:

1st place= Lori Jarrells
2nd place= Debbie Potter

Ages 65+:

1st place= Evette
2nd place= Penny Wingert

MEN'S CATEGORIES

Ages 50-54:

1st place= Gonzalo S.
2nd place= Mike Jarrells

Ages 55-59:

1st place= Hector Plaza
2nd place= Steve Lee

Ages 60-64:

1st place= Rick Brower
2nd place= Peter Toooh

Ages 65-69:

1st place= Tom Bonker
2nd place= Tom Griego

Ages 70-74:

1st place= Sal Rivera
2nd place= Rob Rutherford

Ages 75-79:

1st place= Roland Bleitz
2nd place= Mark Feldman

Ages 80+:

1st place= Rym Partridge
2nd place= Marty Klutch



August 2026

- SEMINARS
- WORKSHOPS
- PRESENTATIONS

Seating is limited; unless otherwise noted, the following are free to attend and require a reservation.

3 easy ways to reserve your seat!

1. Call 805-381-2744
2. Email gacc@crpd.org
3. Visit the GACC front desk

MATURE DATING CONNECTION

Mondays, 8/3 • 12:30-2:00pm

NEW
A new support group for men & women ages 65+ who wish to navigate the often challenging world of dating. This group provides a safe space to share experiences and learn from one another, fostering personal growth and a deeper understanding of the dating landscape.

This group will meet weekly, beginning 8/3.

While registration is not required, we kindly ask that you contact one of the moderators before attending.

Facilitators: Barbara Silberberg, LMFT, 818-427-1228 and Lois Wax, Certified Life Coach, 818-422-2858

LOVE ON A LEASH • THERAPY DOGS

Tuesday, 8/4 • 12noon

Therapy dogs and their handlers visit the Goebel Adult Center on the **first Tuesdays of each month** to provide comfort and happiness to everyone. Stop by to say hi!

Did you know that a therapy pet's primary function is to brighten someone's day? Love on a Leash® is committed to bringing happiness and healing to more people nationwide by increasing public awareness of pet-provided therapy.

BLOOD PRESSURE READINGS

Wednesday, 8/5 • 9:30-11:30am

Fridays, 8/7, 8/14, 8/21 & 8/28 • 9:00-10:30am

Thuc & Ben, CSVP Volunteers and trained healthcare professionals, provide **complimentary** blood pressure checks at the Goebel Adult Center.

Drop-in only; reservations not required.

TECH HELP WITH JACOB

**Fridays, 8/7, 8/14 & 8/28
by appointment only**

By appointment only, Jacob, GACC Volunteer, offers **free** 30-minute basic technology assistance for adults ages 50+.
6 appointments available between 12noon-3:00pm each day.
Don't forget to bring your phone/tablet, and specific questions!
To reserve a 30-minute appt., call 805-381-2744, email gacc@crpd.org, or visit the GACC front desk.

TEENS HELP WITH TECH

Saturdays, 8/8 & 8/22 • 2:00-4:00pm

Westlake High School students provide **basic tech support** at the Goebel Adult Center on the 2nd & 4th Saturdays of each month. *Don't forget to bring your questions and device!*
First-come, first-served; reservations are not required.

HEALTH NEWS DISCUSSION GROUP

Wednesday, 8/12 • 9:00-10:30am

NEW
A monthly discussion group focused on **Health News** and it's **relevance to older adults**. The topic for this month will explore Medicare's newest update regarding covering the costs of weight loss medications. Participate in an engaging and informative conversation about GLP-1s and their potential implications. **Group Leader: Dr. Ben Capper**

This is an ongoing discussion group, and will meet on the 2nd Wed. of each month. Drop-in only, reservations are not required.

\$5 COMPUTER HELP APPOINTMENTS

Thursday, 8/13 • \$5 • by appointment only

Boost your tech confidence by scheduling a 30-min, appointment with Collin, GACC Senior Recreation Leader.

Bring your device and come prepared with specific questions. (5 appointment slots available between 12noon-3:00pm) **\$5 for a 30-minute appointment.** Payment must be made at the time of reservation. **To register for an appointment, visit the GACC front desk or call 805-381-2744**

HEART & KIDNEY HEALTH SCREENING

Thursday, 8/13 • 10:00am-5:00pm

Sign up for a free blood test with Care Access, at the Goebel Adult Center. This test can give you critical insights into your risk of heart attack, heart disease, diabetes, kidney disease, and more. It's especially helpful if you have a family history of health problems.

Open to those ages 18+, must bring a government-issued photo ID card, and provide your email address the day of.

Appointments encouraged, walk-ins accepted.

For more information about Care Access or to sign up for an appointment visit, careaccess.com/health-screening

HAIRCUTS BY RODNEY

**PLEASE NOTE: only one date
for haircuts this month**

Monday, 8/17

Rodney offers **complimentary** haircuts to older adults on a first-come, first-served basis. Doors open at 8:30am, limited number of haircuts will be given each day. **HAIRCUT ONLY, NO BLOW DRY OR STYLING.** *To ensure fairness for everyone, each person is limited to **one haircut per month***

MEET ME AT THE MOVIES

Wednesday, 8/19 • 4:00pm

Title: The Sheep Detectives • 2026 • Comedy/Mystery
Rating: PG • Duration: 1 hour, 49 minutes

Synopsis: George Hardy is a shepherd who loves to read murder mysteries to his sheep, never suspecting that they can understand him. When George is found dead under mysterious circumstances, the sheep decide to solve the crime themselves, even if it means leaving their meadow for the first time and facing the fact that the human world isn't as simple as it appears in books.

Seating is limited; reservations are required.

To reserve a seat, call 805-381-2744, email gacc@crpd.org, or visit the GACC front desk.

THE HUMAN COST OF HOSPICE FRAUD

Thursday, 8/20 • 11:00am

Could someone be taking advantage of your Medicare hospice benefits without you realizing it? This presentation will help you understand common types of hospice fraud, how to protect yourself & loved ones from hospice fraud, identifying red flags/warning signs, and knowing your rights around Medicare hospice coverage.

Presented by: Molly Corbett, CEO of Livingston Memorial Visiting Nurse Association & Hospice

Seating is limited; reservations are required.

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CORNHOLE TOURNAMENT

Thursday, 8/20 • 4:30-8:30pm

Join us for a friendly cornhole tournament! Experience the joy and camaraderie that comes with playing cornhole, all while making new friends and winning exciting prizes.

Open to those ages 18+. **Event is free; registration is required.**

To register, call 805-381-2744, email gacc@crpd.org, or visit the Goebel Adult Center front desk.

DROP-IN SCRABBLE

Mondays • 2:00-4:00pm

New Players Wanted!

Free, drop-in Scrabble! Fun & friendly competition!

Registration not required; Open to those ages 18+

NATIONAL TRIP SLIDESHOW PRESENTATION

Monday, 8/24 • 1:00pm

Have you always dreamt of visiting one of these places?

- San Antonio • December 1, 2026
- Victoria & Vancouver • December 8, 2026
- Great Trains & Grand Canyon • February 21, 2027
- Ecuador & Galapagos Islands • February 23, 2027
- Majestic Morocco • March 9, 2027

Attend this National Trip Slideshow Presentation, presented by Premier Tours. Learn all about what to expect when traveling with Premier Tours and use the opportunity to ask any questions you may have.

Seating is limited; registration is required.

To register, call 805-381-2744, email gacc@crpd.org, or visit the Goebel Adult Center front desk.

FITNESS AFTER 60

Thursday, 8/27 • 11:00am

This is NOT a fitness class; instead, it's a discussion focused on where someone over the age of 60 can discover a variety of fitness activities and classes locally. CRPD offers a wide array of programs, parks, classes, and facilities. Right here at the Goebel

Adult Center, take advantage of Horseshoes, Basketball, Badminton, Table Tennis, and so much more – all at no cost!

Bring your own ideas for safe and active options, and take home suggestions from others. Whether you're a beginner or an experienced athlete, you're invited to share your thoughts and learn about the opportunities.

Presented by: Annette Broersma

Seating is limited; Reservations are required.

To reserve a seat, call 805-381-2744, email gacc@crpd.org, or visit the GACC front desk.

NAVIGATING FAMILY SEPARATION

Friday • 8/28 • 1:00-2:00pm

A safe and supportive discussion group for individuals experiencing family estrangement. Connect with others who understand the struggle, share experiences, and explore pathways toward healing and re-connection.

Group Leader: Annette Broersma.

This support group will meet on the last Friday of each month. Drop-in only; reservations are not required.

Preserving Cherished Memories in a Digital Age VHS TO DVD CONVERSION SERVICES

Services to resume in October- Date TBD



COMMUNITY ACTION
VENTURA COUNTY
www.ca-vc.org

UTILITY BILL ASSISTANCE/ WEATHERIZATION

ASISTENCIA CON FACTURAS DE SERVICIOS PUBLICOS / CLIMATIZACION

Required Documentation

- Valid CA State-Issued Picture ID
- Social Security Card
- Current GAS & Electric
- Income Verification for ALL ADULTS (18+)
- Rental Agreement or current rent receipt, Mortgage statement

Documentación Requerida

- Identificación válida del estado de CA
- Tarjeta de Seguro Social
- Recibo actual de gas y electricidad
- Verificación de ingresos de TODOS LOS ADULTOS (18+)
- Contrato de alquiler o recibo de renta, declaración de hipoteca

Utility Bill Assistance/
Weatherization appointments
at the Goebel Adult Center on

August 14th

To schedule an appointment,
call 805-381-2744

Online Portal/Portal en línea:
caliheapapply.com

For more information about the Utility Bill Assistance & Weatherization program, visit www.ca-vc.org or call 805-436-4000

CSVP TAX ASSISTANCE & COUNSELING SERVICES • by appointment only

The Conejo Senior Volunteer Program (CSVP), is providing **free** Tax Assistance & Counseling Services at the Conejo Creek South Community Building, 1350 E. Janss Rd., on the **first Wednesdays of each month, until October, 2026**. CSVP will prepare and file income tax returns for years 2022-2025, prepare amended returns, and lend assistance with questions arising from letters and notices from the IRS or Franchise Tax Board, as well as other general tax related issues. **Appointments are required.**

For more information or to make an appointment, call or visit the CSVP office, 805-381-2742.

1385 East Janss Road • Thousand Oaks, CA 91362 • 805-381-2744 • gacc@crpd.org • crpd.org/gacc

Goebel Adult Community Center's

BINGO!

Join us!

Tuesdays • Fridays • Saturdays

Day-Time Bingo Games:

Doors Open: 11:45am

Paper Sales End: 12:30pm

Games Start: 12:45pm

Day-Time Bingo - Important Info:

Cash Only • Open to Adults Ages 18+

Minimum Buy-in (one "4-on" paper): \$3

Payout of "4-ons" & "6-ons"= up to \$250

Additional Special Games= \$2 each

Payout of "Special Games"= up to \$500

All Day-Time Bingo Games= 85/15 Split

FRIDAY NIGHT BINGO

Friday, August 28, 2026

Friday, October 16, 2026

Friday Night Bingo Games:

Paper Sales Start: 4:30pm

Sales Stop Promptly: 6:00pm

Games Start: 6:15pm

Friday Night Bingo - Important Info:

Cash Only • Open to Adults Ages 18+

Papers Only

Minimum Buy-in (one set of all papers)= \$21

"4-on" Buy-in= \$5 "6-on" Buy-in= \$10

Payout of "4-ons" & "6-ons"= up to \$250

Additional Special Games= \$2 each

Double Action, Big Bucks Payout= up to \$500

All Night Bingo Games= 80/20 Split



Enjoy the water, the sun, and the fun!

50+ SUMMER WATER EXERCISE



FREE program open to adults ages 50+

Registration not required, just drop in!

Enjoy gentle, low-impact water exercises, in a fun and laid-back atmosphere. Bring a friend and meet some new ones! *(No lap swimmers)*



Mon & Wed, 9:00-10:00am

June 15- August 12

Thousand Oaks High School Pool

2323 North Moorpark Road, Thousand Oaks

Instructor: **Fred**

Tues & Thurs, 11:30am-12:30pm

June 16-August 13

Newbury Park High School Pool

456 North Reino Road, Newbury Park

Instructor: **Elaine**



TAKE ME OUT TO THE BALLGAME **DODGER GAME DAY WATCH PARTIES!**

Join us at the Goebel Adult Center for all-you-can-eat Dodger dogs, hamburgers, nachos, popcorn, and peanuts. It's a perfect chance for both longtime fans and newcomers to enjoy the excitement of baseball.



Tuesday, August 25, 4:15pm

Tickets on sale now!



vs



Monday, September 14, 3:40pm

Tickets on sale now!



vs



TICKETS: \$15 PER PERSON, PER GAME

PURCHASE IN-PERSON ONLY AT THE GOEBEL ADULT CENTER FRONT DESK.

PLEASE NOTE: *4-TICKET PURCHASE LIMIT PER PERSON *ALL TICKETS ARE NON-REFUNDABLE & NONTRANSFERABLE TO OTHER GACC EVENTS





THE GOEBEL SENIOR CENTER COMMISSION PROUDLY PRESENTS
AN ENTERTAINMENT "LIVE" EVENT



BOOGIE WONDERLAND

A Tribute to Earth Wind & Fire



Sunday, September 20, 2026
3:00pm (doors open at 2:30pm)

Earth Wind & Fire was by far one of the most electrifying and influential bands in history, with a recipe of Gospel, Jazz, R&B, Rock, and African. They were able to bridge the gap between all cultures with this combo of music delight. Today, *Boogie Wonderland* is a tribute to *Earth Wind & Fire*, that was formed in early 2009 in Los Angeles. With hits like "Reasons", "September", "Boogie Wonderland" and "Getaway" you will be on the edge of your seat enjoying hit after hit. This show is by far one the best *Earth Wind & Fire* Tribute shows in the entire country!

Tickets:
\$10
per person

Tickets on sale now!

Purchase in-person or by phone

***All tickets are nonrefundable and nontransferable to other GACC events or shows**

***Tickets purchased over the phone can be picked up at the Goebel Adult Center front desk or at "will-call" on the day of the show**



THE GOEBEL SENIOR CENTER COMMISSION PROUDLY PRESENTS AN ENTERTAINMENT "LIVE" EVENT:



THE SEDALIA RAGTIME ORCHESTRA

Thousand Oaks' Own Masters of the Ragtime Era!

The Sedalia Ragtime Orchestra performs music from the ragtime era, covering the period from 1897, with the publication of "Mississippi Rag," to 1917, when jazz began to dominate. While primarily focusing on original arrangements from a century ago, they occasionally include contemporary pieces like music from the 1998 Broadway show "Ragtime." Based in Thousand Oaks, California, their name honors Sedalia, Missouri, where Scott Joplin, "The King of Ragtime," began his career. Their repertoire features rags, marches, waltzes, vaudeville songs, novelties, spirituals, and dance numbers from that time.



Sunday, October 18, 2026 • 3:00pm

Doors open 2:30pm



Tickets on sale (in-person only) beginning Tuesday, August 4th
Phone sales begin Tuesday, August 11th

PLEASE NOTE:

****All tickets are nonrefundable & nontransferable to other GACC shows/events***

****Tickets purchased over the phone can be picked up at the Goebel Adult Center front desk or at "will-call" on the day of the show.***

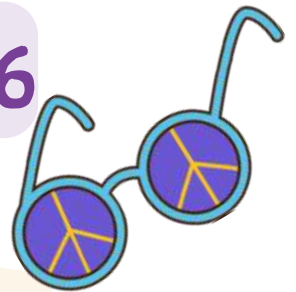
60's Peace, Love,



and Party!



FRIDAY, SEPTEMBER 18, 2026
5:00- 7:00PM



LET'S GET GROOVY

EMBRACE YOUR INNER FLOWER CHILD AND BRING OUT YOUR MOST VIBRANT ATTIRE FOR A NIGHT OF DINNER AND DANCING. JOIN US IN CELEBRATING PEACE & LOVE AS WE PARTY IN TRUE 60'S STYLE, PLUS LIVE MUSIC PERFORMED BY TROPIC STARR!



Tickets: \$20 per person

- On sale beginning Monday, August 17th (purchase in-person only)

- 4-ticket purchase limit per person
- All tickets are nonrefundable & nontransferable to other GACC events



**SAVE
the DATE**

GOEBEL ADULT CENTER'S ANNUAL

BRATS & BEER OKTOBERFEST



**FRIDAY, OCTOBER 9, 2026
5:00-7:00PM**

TICKETS:

\$20 PER PERSON

**ON SALE BEGINNING
TUESDAY, SEPTEMBER 8**



**SAVE
the DATE**

H A L L O W E E N

BREAKFAST

**FRIDAY, OCTOBER 30, 2026
9:00AM**

TICKETS: \$20

ON SALE BEGINNING FRIDAY, SEPTEMBER 25



- In-District Registration Begins:
9:00am on August 10
- Fall 2026 Session Dates:
August 31-October 19, 2026
(no classes 9/7)

For class descriptions/to register for a class:
 -Stop by the GACC Front Desk
 -Call 805-381-2744 or 805-381-2735
 -Visit crpd.org/register



Health & Fitness Classes

CHAIR-BASED STRENGTH & BALANCE, Age 50+

Instructor: Cathya Haas

Beginning/ Level 1 (no class 9/7)

0836.4261 Mon, 8/31-10/19, 12:30-1:20pm, \$80/7 wks

0836.4262 Fri, 9/4-10/23, 1:30-2:20pm, \$91/8 wks

Advanced/ Level 2 (no class 9/7)

Prerequisite: Level 1 Chair-Based Strength & Balance

Bring a pair of 2-3lb. hand weights

0837.4261 Mon, 8/31-10/19, 11:30am-12:20pm, \$80/7 wks

0837.4262 Fri, 9/4-10/23, 12:30-1:20pm, \$91/8 wks

SWORD FITNESS, Age 18+

Instructor: Body Brain Train *(no class 9/7)*

0842.4261 Mon, 8/31-10/19, 11:30am-12:15pm, \$85/7wks

FITDRUMMING, Age 18+

Instructor: Body Brain Train *(no class 9/7)*

0843.4261 Mon, 8/31-10/19, 1:00-1:45pm, \$85/7wks

DANCE IT OUT, Age 18+

Instructor: Janet Snyder, Dance Ten *(no class 9/7)*

0826.4261 Mon, 8/31-10/19, 2:30-3:10pm, \$79/7wks

CAPOEIRA, Age 18+

Instructor: Instructor Grande *(no class 9/22 & 9/24)*

0831.4261 Tues & Thurs, 9/1-10/22, 6:10-7:10pm, \$188/7wks

GENTLE YOGA, Age 50+

Instructor: Cici Bo

0832.4261 Wed, 9/9-10/21, 9:00-9:45am, \$91/7wks

STRETCH, TONE & BALANCE, Age 18+

Instructor: Kathy Bailey

0835.4261 Wed, 9/2-10/21, 1:15-2:10pm, \$75/8wks

CHAIR YOGA, Age 50+

Instructor: Allison Wilhelm *(no class 10/8)*

0870.4261 Thurs, 9/3-10/22, 10:00-10:45am, \$87/7wks

EXERCISE FOR LESS STRESS, Age 18+

Instructor: Jim Belsley

0830.4261 Fri, 9/4-10/2, 3:00-4:00pm, \$63/5wks

TAI-CHI, Age 50+

Instructor: Jean Stoutenborough

Introduction

0838.4261 Tues, 9/1-10/20, 8:30-9:30am, \$67/8 wks

*Beginning/ Intermediate**

Prerequisite: *Introduction to Tai Chi or basic knowledge of Tai Chi**

0839.4261 Thurs, 9/3-10/22, 8:30-9:30am, \$67/8 wks

WALK THE CONEJO, Age 50+

Instructor: Barrie Silberberg *(no class 9/29)*

0845.4261 Tues, 9/1-10/13, 4:30-6:00pm, \$85/6wks

SCENIC HIKING CLASS, Age 50+

Instructor: Barrie Silberberg *(no class 9/30)*

(must be able to hike 2-3 miles with hills)

0844.4261 Wed, 9/2-10/14, 5:15-6:45pm, \$85/6wks

Dance Classes

BALLROOM DANCE, Age 18+

Instructor: Janet Snyder, Dance Ten

Beginning/Level 1 (no class 9/7)

0824.4261 Mon, 8/31-10/19, 3:30-4:30pm, \$79/7wks

Intermediate/ Level 2 (no class 9/7)

0825.4261 Mon, 8/31-10/19, 4:45-5:45pm, \$79/7wks

TAP DANCE, Age 18+

Instructor: Debbie Munz

Advanced Tap

Prerequisite: Tap 1 or prior tap experience

0829.4261 Mon, 9/14-10/26, 5:00-6:00pm, \$73/7wks

Beginning Tap

0827.4261 Mon, 9/14-10/26, 6:00-7:00pm, \$73/7wks

0827.4262 Thurs, 9/3-10/22, 2:10-3:10pm, \$83/8wks

Tap 1

Prerequisite: Beginning Tap or prior tap experience

0828.4261 Mon, 9/14-10/26, 7:00-8:00pm, \$73/7wks

LINE DANCING, Age 18+

Instructor: Kathy Bailey

Beginning

0820.4261 Wed, 9/2-10/21, 2:15-3:10pm, \$75/8wks

WEST COAST SWING, Age 18+

Instructor: Kathy Bailey

Partner recommended but not required

0821.4261 Wed, 9/2-10/21, 3:15-4:10pm, \$75/8wks

BELLY DANCE, Age 18+

Instructor: Lisa Rauschenberger

Level 1- Beginning

0822.4261 Wed, 9/2-10/21, 4:30-5:15pm, \$99/8wks

Level 2

0823.4261 Wed, 9/2-10/21, 5:30-6:30pm, \$99/8wks

JAZZ DANCE, Age 18+

Instructor: Debbie Munz

Beginning

0866.4261 Thurs, 9/3-10/22, 3:15-4:15pm, \$83/8wks

DANCE WITH DEL, Age 18+

Instructor: Del Herrera

0867.4261 Thurs, 9/3-10/22, 4:30-5:30pm, \$83/8wks

- In-District Registration Begins:
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The Arts

PAINTING at STUDIO 316, Age 18+

Instructor: Bob Noonan, *Studio 316*

Location: Studio 316, 2697 Lavery Ct., Unit #6, Newbury Park
Watercolor Basics Part 1 *(no class 9/7)*

0800.4261 Mon, 8/31-9/21, 10:00-11:30am, \$72/3wks

Watercolor Basics Part 2

0801.4261 Mon, 9/28-10/19, 10:00-11:30am, \$95/4wks

Paint Night! Theme: Flying Birds, Age 21+

0803.4261 Sat, 9/19, 5:00-7:30pm, \$45/1 day



PHOTOGRAPHY, Age 18+

Instructor: Richard Smith

Digital Photography *(no class 9/7)*

0807.4261 Mon, 8/31-10/19, 3:00-4:00pm, \$90/7wks

Street Photography & Tour in Downtown L.A.

0808.4261 Thurs, 9/10, 8:45am-3:00pm, \$80/1 day

ART OF DIFFERENT MEDIA, Age 18+

Instructor: Jonaki Das Hazra *(no class 9/7)*

\$10 cash materials fee due to instructor at first class

0818.4261 Mon, 8/31-9/21, 10:00-11:00am, \$90/3wks

0818.4262 Mon, 8/31-9/21, 11:15am-12:15pm, \$90/3wks

0818.4263 Mon, 9/28-10/19, 10:00-11:00am, \$120/4wks

0818.4264 Mon, 9/28-10/19, 11:15am-12:15pm, \$120/4wks

JEWELRY MAKING, Age 18+

Instructor: Priscilla Mendez

\$25 cash materials fee due to instructor at first class

0817.4261 Wed, 9/2-9/23, 10:00-11:00am, \$130/4wks

FLUID ACRYLIC PAINTING, Age 18+

Instructor: Carol Roullard

Location: Carol Roullard Art Studio-1329 East T.O. Blvd., #210

\$30 cash materials fee due to instructor at first class

Ring Fluid Acrylic Pours

0814.4261 Wed, 9/16, 9:30-11:30am, \$33/1 day

0814.4262 Wed, 9/16, 6:30-8:30pm, \$33/1 day

0814.4263 Thurs, 9/17, 9:30-11:30am, \$33/1 day

0814.4264 Thurs, 9/17, 6:30-8:30pm, \$33/1 day

Cells & Clouds Fluid Acrylic Pours

0814.4265 Wed, 9/30, 9:30-11:30am, \$33/1 day

0814.4266 Wed, 9/30, 6:30-8:30pm, \$33/1 day

0814.4267 Thurs, 10/1, 9:30-11:30am, \$33/1 day

0814.4268 Thurs, 10/1, 6:30-8:30pm, \$33/1 day

CRUSHED GLASS SUNCATCHER CLASS, Age 18+

Instructor: Sheryll Kidder

\$20 cash materials fee due to instructor at first class

Theme: **Pumpkin/Sunflower**

0815.4261 Sat, 9/19, 1:00-4:00pm, \$70/1 day

Theme: **Fall Inspired**

0815.4262 Sat, 9/26, 1:00-4:00pm, \$70/1 day

Theme: **Veteran's Day/Patriotic**

0815.4263 Sat, 10/10, 1:00-4:00pm, \$70/1 day

Theme: **Halloween**

0815.4264 Sat, 10/17, 1:00-4:00pm, \$70/1 day

Specialty Classes

SOUND HEALING MEDITATION, Age 18+

Instructor: Cici Bo

Location: Harmony Family Yoga Studio, 804 East. T.O. Blvd.

0833.4261 Mon, 9/14-10/26, 12noon-12:45pm, \$105/7wks

MAH-JONGG, Age 18+

Instructor: Lorraine Urist

Beginning/Level 1

0857.4261 Mon, 9/28-10/19, 9:00am-12noon, \$100/4wks

Intermediate/Level 2

Prerequisite: Beginning/Level 1

0858.4261 Fri, 9/18-10/9, 9:00am-12noon, \$100/4wks

MEDITATION W/ SOUND THERAPY, Age 18+

Instructor: Ann Vannoy *(no class 9/7)*

0850.4261 Mon, 8/31-10/19, 10:00-11:00am, \$73/7wks

REIKI CLUB, Age 18+

Prerequisite: Reiki Level One, Two, or Master

Instructor: Ann Vannoy *(no class 9/7)*

0851.4261 Mon, 8/31-10/19, 11:15am-12:15pm, \$73/7wks

WOMEN'S DRUM CIRCLE FOR WELLNESS, Age 18+

Instructor: Ann Vannoy

0809.4261 Tues, 9/1-10/20, 10:00-11:00am, \$83/8wks

INVESTIGATION OF ANTIQUE JEWELRY, Age 18+

Instructor: Birdi Weckbaugh

Students must bring a 10x jewelers loupe

0812.4261 Thurs, 9/3-10/1, 9:30-10:30am, \$85/5wks

FILM CLASS, Age 18+

Instructor: Joe Longo

Fall in Love w/ Fall

0863.4261 Thurs, 9/3-10/8, 2:30-5:00pm, \$63/6wks

FRENCH, Age 50+

Instructor: Daniele Blanc

Beginning- Level 1

0862.4261 Thurs, 9/3-10/8, 5:00-6:00pm, \$83/6wks

ACTING WORKSHOP, Age 18+

Instructor: Tony Torrisi

0810.4261 Thurs, 9/3-10/8, 6:30-8:30pm, \$145/6wks

Music Classes

HARMONICA, Age 18+

Instructor: Dr. Ben Griffes

Beginning

0804.4261 Tues, 9/1-10/20, 7:30-8:30pm, \$88/8wks

UKULELE, Age 18+

Instructor: David Steinhart

Introduction

0805.4261 Wed, 9/2-10/7, 5:00-6:00pm, \$70/6wks

Level 2

0806.4261 Thurs, 9/3-10/8, 5:00-6:00pm, \$70/6wks

Goebel Adult Community Center
Volunteer Instructed Classes • Ages 50+
Summer 2026 Session: *June 1 - August 7, 2026*
Fall 2026 Session: *August 10 - October 16, 2026*
(no classes 9/7)

Registration for Fall 2026 session will open on Monday, August 3rd

To register for a Volunteer Instructed Class,
visit the Goebel Adult Center Front Desk or call 805-381-2744

TAP DANCE

Instructor: Bianca
Mondays, 10:00-11:00am
September 14 - October 12
\$5/5 weeks

MEANING OF OPERA*

Instructor: Steve Kohn
Mondays, 3:30–5:00pm
August 10 - October 12 (*no class 9/7*)
\$10/10 weeks
**This class is taught virtually through Zoom;
Email must be provided at registration to
receive Zoom link.*

TAI CHI

Instructor: Elaine Pawelczyk
Tuesdays & Thursdays, 9:45-10:45am
August 11 - October 15
\$10/10 weeks

KNITTERS & CROCHETERS

Facilitator: Yvonne Avis
Tuesdays & Thursdays, 12noon-3:00pm
August 11 - October 15 • \$20/10 weeks
*Bring your own project to work on in a
social environment.*

MAH-JONGG • Open Play

Instructor: Abbey Clark
Tuesdays, 6:00–8:00pm
August 11 - October 13
\$10/10 weeks
All levels welcome
PLEASE NOTE: *Bringing your own set and
card are highly suggested as there are only
a limited amount of sets/cards to be
borrowed from the GACC.*

SPANISH • Conversation

Instructor: Fernando Nocedal
Wednesdays, 9:00-11:00am
August 12 - October 14 • \$10/10 weeks

AERONAUTICAL EDUCATION

Instructor: Ralph Meyer
Wednesdays, 12:15-2:15pm
August 12 - October 14 • \$10/10 weeks

ITALIAN • Intermediate

Instructor: Lillian Trevisan
Thursdays, 10:00am-12noon
August 13 - October 15 • \$10/10 weeks

OPEN STUDIO TIME FOR ARTISTS

Facilitator: Kathleen Gates
Thursdays, 3:00-5:30pm
August 13 - October 15 • \$10/10 weeks
*Bring your own supplies; all mediums
welcome with the exception of oil.*

SHAKESPEARE FOR EVERYONE

Instructor: Helen Bartelstone
Fridays, 1:00-2:30pm
August 14 - October 16 • \$10/10 weeks

Conejo Senior Volunteer Program

Volunteers Make a Lasting Difference



The Conejo Senior Volunteer Program (CSVP) provides opportunities for adults ages 55+ to use their life experiences and skills to meet local community needs. Get involved today! For more information visit the CSVP office, call 805-381-2742, or email jspivack@crpd.org

The following CSVP Volunteer Workshops meet weekly at the Goebel Adult Center:

FULL

BUSY BEES WORKSHOP

Mondays, 9:30am-12noon

Sew, knit, or crochet for children, service members, older adults & CSVP programming.

TEDDY BEARS WORKSHOP

Mondays, 1:30-3:00pm

Make stuffed bears for local children.

CRAFTERS WORKSHOP

Wednesdays, 9:00-11:30am

Sew, knit, or crochet for children, service members, older adults & CSVP programming.

NIFTY LADIES WORKSHOP

Wednesdays, 12:30-3:00pm

Sew special projects for patients, children, service members, and older adults.

CSVP Volunteer Workshops gratefully accept donations of *unused* material: Yarn, Stuffing, Batting, Elastic, and Cotton/Flannel/Fleece fabric. **Visit the CSVP Office for more information on Volunteer Workshops.**

PLEASE NOTE: Handmade items are donated to nonprofit agencies; workshop groups cannot make/alter items for personal use.

SENIOR NUTRITION LUNCH PROGRAM (SNP)

- Lunch is served **Monday-Friday, 11:30am-1:00pm** in the Goebel Cafe
- For the weekly menu, call 805-381-2742 or visit www.crpdp.org/SNP-menu

The Senior Nutrition Lunch Program (SNP) is for older adults 60+ years of age.

Daily meal includes 4oz of protein, vegetables, fruit, yogurt (3x/week), and shelf stable milk.

Please Note:

- Suggested contribution for daily meal is \$4
- NO eligible individual (those 60 years of age or older) shall be denied participation due to failure or inability to contribute.



CSVP BOUTIQUE

Open Monday - Friday, 9:00am-4:00pm

Located inside the Goebel Adult Community Center

For more information call, **805-381-2742**

-Cash or Check only-

Discover unique, handmade treasures!

Beautiful baby blankets & apparel, cozy lap blankets, stylish aprons, and truly so much more! Be sure to browse our extensive selection of greeting cards, available for **only \$0.50**

The CSVP Boutique is always accepting donations of **brand new items, small antique items, and all types of new or used jewelry.**



DISCUSSION GROUPS

CRPD provides classrooms for discussion groups, but does not organize forums, or endorse any opinions/comments shared. Contact GACC Supervisor or Coordinator with issues or concerns.

WOMEN'S DISCUSSION GROUP, Ages 50+

Mondays, 10:00am–12noon, w/ Karen Perotta

WOMEN IN TRANSITION, Ages 50+

Tuesdays, 10:00-11:30am, w/ Eve Loeb

MEN'S DISCUSSION GROUPS

Tuesdays, 10:00am–12noon w/ Lloyd Minton

Thursdays, 10:00am-12noon w/ Harvey Youngman

LITERATURE LOVERS DISCUSSION GROUP

Tuesdays, 1:30-2:30pm

w/ Kathleen • 805-807-2523

BOOK DISCUSSION GROUP

2nd Tuesdays, 8/11, 7:00–8:45pm

w/ Cheryl • 805-368-4542

GENEALOGY DISCUSSION GROUP

Wednesdays, 2:00-4:00pm, w/ Georgine Herd

SENIOR SINGLES SOCIAL GROUP

Wednesdays, 7:00–8:30pm

w/ Marie • 732-407-1816

STAMP CLUB

2nd & 4th Thursdays, 8/13 & 8/27, 4:00–5:30pm

w/ Marc • 818-903-0369

HISTORY BOOK DISCUSSION GROUP

2nd Thursdays, 8/13, 7:00–8:45pm

w/ Jack • 805-341-7585

GRUPO SOCIAL LATINO MAYOR

Viernes, 9:00am–12noon

NAVIGATING FAMILY SEPARTATION

Last Fridays of each month, 8/28, 1:00–2:00pm

w/ Annette Broersma

CONEJO VALLEY WRITERS

3rd Saturdays, 8/15, 12noon–2:30pm

Email calverle@usc.edu

COMMUNITY PROGRAMS

BATTERY RECYCLING • A battery recycling bin is located outside the main entrance doors of the Goebel Adult Center for a safe & legal way to dispose of batteries.

EYEGLASS RECYCLING: RECYCLE FOR SIGHT • Make a meaningful impact by donating old prescription eyeglasses, readers, and sunglasses. An eyeglass recycling box is located on the front counter at the Goebel Adult Center front desk. **Glasses only—no cases, please.**

AMERICA SUPPORTING AMERICANS (ASA) • ASA collects & donates items for military care packages. A donation collection box is located near the Goebel Adult Center front desk.

Visit asa-gcvc.org for more information.

FUNDRAISING WITH RALPHS • Each time you shop at Ralphs Grocery Store, and use your Ralphs Rewards Card/phone number, a small percentage of your purchase can be donated to the Goebel Adult Center! Use the GSCC NPO #DE917. **For info/assistance, call 800-443-4438.**

SUPPORT GROUPS

CRPD provides classrooms for support groups, but does not organize, or endorse any opinions/comments shared. Contact GACC Supervisor or Coordinator with issues or concerns.

LGBTQ+ CAREGIVER SUPPORT GROUP

1st & 3rd Mondays, 8/3 & 8/17, 1:00-2:30pm

Facilitator: Brenda Birdwell, 805-699-8907

HOSPICE OF THE CONEJO GRIEF SUPPORT Widow/Widower Support Groups

No walk-ins; please call 805-495-2145 prior to attending to be placed in the appropriate support group.

Tuesdays, 11:00am-12noon: *Newly Bereaved*

Tuesdays, 12:15-1:15pm: *Moving Forward*

Tuesdays, 2:30-3:30pm: *Newly Bereaved*

DEMENTIA GRIEF SUPPORT GROUP

1st & 3rd Wednesdays, 8/5 & 8/19 • 1:00-2:30pm

A compassionate space for those who are supporting or caring for a family member with dementia.

Facilitator: Ventura County Ombudsman, 805-656-1986

DIABETES CLASS

4th Wednesdays, 8/26 • 1:30-3:00pm

For individuals managing Type 2 diabetes/pre-diabetes.

Facilitator: Linda Hampson, RN, MSN,

Livingston Memorial

MULTIPLE SCLEROSIS SUPPORT GROUP

2nd Thursdays, 8/13 • 1:00-3:00pm

Whether you live with MS, are a caregiver, family member, or friend of someone with MS; gain support & confidence in your ability to cope.

Facilitator: Darlene, 360-701-0989

LOW VISION SUPPORT GROUP

Fridays • 10:00am-12noon

For those with low vision or blindness; coping strategies, tech resources, and community connection. Friends and family are welcome.

For more information call, 805-380-6206

ALZHEIMER'S SUPPORT GROUP

1st & 3rd Fridays, 8/7 & 8/21 • 9:30-11:00am

For family and/or caregivers of those living with Alzheimer's disease.

Facilitator: Alzheimer's Association • 805-261-2189

POST POLIO SYNDROME SUPPORT GROUP

1st Saturdays, 8/1 • 12:30-2:00pm

SOCIAL SERVICES & RESOURCES

988 SUICIDE & CRISIS LIFELINE

If you are having thoughts of suicide, **call or text 988** to reach the 988 Suicide and Crisis Lifeline.

Whether you're facing mental health struggles, emotional distress, alcohol/drug use concerns, or need someone to talk to, caring counselors are here for you. **You are not alone.**

2-1-1 VENTURA COUNTY

Call 2-1-1 or text your ZIP code to 898-211

The 211 Ventura County team is ready to help you via phone and text, 24 hours a day, 7 days a week. Assistance with housing, health care, food, utilities, and many other local social services.

SENIOR CONCERNS • SENIOR ADVOCATES

805-497-0189 • www.seniorconcerns.org

401 Hodencamp Road, Thousand Oaks

For more info/to schedule an appointment with a Senior Advocate, call or email egu@seniorconcerns.org. Older adults and family caregivers are often faced with complicated and confusing issues, resulting in questions. Senior Concerns is here to help. Senior Advocates provide guidance w/ housing, legal/health-related issues, in-home care, facility placement, government benefits, and more.

GREY LAW, LEGAL HELP w/ Sharon Yoon

1st & 3rd Wednesdays, 8/5 & 8/19

(by appointment only)

For more info/to schedule an appointment, call/email

Grey Law, 805-658-2266, greylawvc@gmail.com

Appointment Location: Goebel Adult Center

Grey Law is a nonprofit organization, providing **free** legal help to older adults in Ventura County who otherwise have limited access. Offering assistance w/ public benefits, long-term care planning, wills/living trusts & powers of attorney.

HEALTH INSURANCE COUNSELING (HICAP)

2nd & 4th Wednesdays, 8/12 & 8/26

(by appointment only) For more info/to schedule an

appointment, call **805-477-7300** or email

HICAP@venturacounty.gov

TRANSPORTATION • DIAL-A-RIDE (DAR)

For more info/to schedule a ride, call **805-375-5467**

The City of Thousand Oaks operates a local Dial-A-Ride program for adults **ages 65+**. DAR is \$4.00 each way and exact change is required. Trip tickets are available for purchase at the Goebel Adult Center front desk.

SENIOR SUPPORT LINE (SSL)

If you or someone you know feels isolated, anxious, or depressed, call **800-235-9980** today.

Compassionate, confidential emotional support for adults ages 60+. Trained personnel provide encouragement and connection through resources & referrals.

ADULT PROTECTIVE SERVICES (APS)

To report abuse/neglect please call **805-654-3200**

VETERANS CRISIS LINE

24/7 confidential support text **838-255**/call **988**, press 1

DROP-IN ACTIVITIES

The following activities are free and don't require registration—just drop in! For more drop-in activities, stop by the GACC front desk or visit crpd.org/gacc for a Drop-in Schedule!

DROP-IN SPORTS

BASKETBALL, Ages 50+

Mondays, Wednesdays, Fridays • 8:30-11:00am

Location: Teen Center, next door to GACC

BADMINTON, Ages 50+

Please Note: Will resume in September, date TBA

Location: Teen Center, next door to GACC

CORN HOLE, Ages 18+

Tuesdays • 4:00-6:00pm • Location: GACC Main Hall

BILLIARDS, Ages 18+

4 tables, all open play • Location: GACC

HORSESHOES, Ages 18+

Team Play: Tuesdays & Thursdays • 9:00-11:00am

Open Play: during regular business hours

Location: Horseshoe Pits at GACC

Thousand Oaks Senior SOFTBALL, Ages 50+

Tuesdays & Fridays, 8:30-11:00am

Location: Wildflower Playfields, 635 Avenida de los Arboles

TABLE TENNIS, Ages 18+

Tuesdays • 4:30-6:00pm & Thursdays • 4:30-8:00pm

4 tables, all open play. Location: GACC Main Hall

TENNIS, Ages 50+

Mondays, Wednesdays, Fridays • 7:30-10:30am

Location: Wildflower Playfields, Courts 1, 2, & 3

Tuesdays, Wednesdays, Fridays • 7:00-10:30am

Location: Borchard Community Center, Courts 2 & 3

Wednesdays, 8:00-10:00am • Women's Games

Location: Thousand Oaks Community Center

Thursdays, 9:00-11:00am • Women's Games

Location: Triunfo Park

Wii BOWLING, Ages 50+

Mondays & Wednesdays • 1:00-3:00pm

Enjoy bowling without needing to rent the shoes!

Location: GACC Social Lobby

DROP-IN • BRIDGE DUPLICATE PARTNERSHIP

Thursdays • 12:30-4:00pm

Location:

GACC Main Hall

Fridays • 9:00am-12noon

Location:

Silver & Valley Lupin Rooms

\$1 per player, per game (cash only)

Seating is limited. First come, first served

COMPUTER LAB • Ages 50+

The GACC Computer Lab is provided for brief research activities like browsing the internet, checking emails, and typing documents. **Users should limit their time, as it's not for all-day use.** Complimentary B/W printing is available (6 pages max per person per day), and free Wi-Fi (**ConejorPD_Guest, no password needed**) is provided.

Computer Lab Hours:

Mondays-Thursdays: 8:45am-8:30pm

***Fridays: 8:45am-4:30pm**

Saturdays: 12:15-3:30pm

***Closed for maintenance Fridays, 12noon-2:30pm**

(call for availability)

Hours and availability may change without notice at any time

Get your dancing shoes on!

Saturday Night Ballroom Dance

*Please note: bands, themes, lessons, and instructors are subject to change at any time without notice.

Ballroom Dance's are held on the first & third Saturdays of each month, at the Goebel Adult Center. Join us!

Saturday, August 1, 2026 • Pier 101

Saturday, August 15, 2026 • Rhythm Brothers

Saturday, September 5, 2026 • Michael Falcone

Saturday, September 19, 2026 • Wyatt Haupt

ADMISSION:

\$12 per person at the door

-Cash or Check only-

Check payable to: **CRPD**

(Conejo Recreation & Park District)

6:00pm • Doors Open

6:30-7:20pm • Complimentary Lesson
(included with admission)

**7:30-10:00pm • Live Band &
Ballroom Dance Begin**

Interested in Ballroom Dance Sponsorship Opportunities?

Call or Email Mark Williams • 805-381-2744 • mwilliams@crpd.org

NO-COST • DROP-IN • DANCE & MUSIC PROGRAMS

SOCIAL BALLROOM DANCING, Ages 18+

Wednesdays • 10:00-11:30am • w/ Dennis

Join us for social ballroom dancing. Everyone is welcome, regardless of experience level!

No partner needed; enjoy lively recorded music. Location: GACC Main Hall

LINE DANCE PRACTICE, Ages 18+

Wednesdays • 11:30am-1:00pm • w/ Cathy Ewbank

Everyone is welcome, regardless of experience level! No partner needed.

Location: GACC Main Hall

UKULELE STRUMMERS & SINGERS, Ages 18+

Wednesdays • 2:30-4:15pm • w/ Bob & friends

Bring your ukulele to strum along and sing together!

CONEJO VALLEY SENIOR ORCHESTRA

Thursdays • 11:30am-2:00pm

Rehearsing music from the Big Band Era, 40's - 60's. Audience welcome to listen/watch!

Location: GACC Main Hall (*Front Half*)



DAY-TRIPS

Important Day-Trip Information!

- Day-Trips are open to **adults ages 50+**
- Registration for day-trips is on the **2nd Friday** of each month
- Register **in-person only**, at GACC front desk.
- GSCC Sponsored Day-Trips**: 2-registration limit per person
- Walking Scale**: (see above) Review *prior* to registration; this will help you determine if a trip is within your ability range
- Payment**: Visa, MasterCard, Cash, or Check (**made payable to G.S.C.C.**) are acceptable forms of payment
- \$1 Insurance (Accident/Medical)**: \$1 per person, per year; non-refundable, required for all patrons on all day-trips
- Bus Boarding**: Not permitted until a GACC staff member and the day-trip escort/chaperone are present
- Dates, locations, itineraries, and times are all subject to change at any time without notice**

DAY-TRIP WALKING SCALE

All trips involve walking and stairs, including getting on/off the bus. This walking scale will help you determine if a particular trip is within your ability range.

- 1 MODERATE**: Some walking, possibly a few stairs.
- 2 STRENUOUS**: Significant amount of walking. Stairs included with some stopping and/or sitting.
- 3 VERY STRENUOUS**: Majority of the trip is walking. Multiple sets of stairs, plus, up and down hills.

Registration for this day-trip will open on Friday, August 14th at 9:00am

NEW

Patriots & Planes

A Tribute to Service, Sacrifice & American Ingenuity

Thursday, October 8, 2026 • 8:00am-6:30pm

\$100 per person • Partially Sponsored by GSCC

Walking Scale= 2

Join **Curt Tucker** for a memorable day celebrating America's heroes and history. The first stop is **Riverside National Cemetery**, where over 300,000 veterans are honored. Visit inspiring memorials including the **Medal of Honor Memorial**, **POW/MIA Memorial**, and **Fallen Soldier Veterans Memorial**. Next, enjoy lunch (*included*) at **Portillo's**, an iconic Chicago eatery. The final destination is the **March Field Air Museum**, one of the nation's **premier aviation museums** and a **historic World War II training base**. Explore legendary aircraft through fascinating exhibits and docent-led stories. **A day of patriotism, remembrance and aviation adventure await you!**

Registration for this day-trip will open on Friday, August 14th at 9:00am

NEW

Retro L.A. Neon Lights & Classic Bites

Friday, October 23, 2026 • 9:30am-5:30pm

\$125 per person • Partially Sponsored by GSCC

Walking Scale= 2

Join **Curt Tucker** as he shares stories, history, and hidden gems along the way. From **legendary hot dogs** and **over-the-top donuts** to dazzling **neon signs** and **old-fashioned soda fountains**, this one-day adventure celebrates the city's retro charm at every turn. Savor a famous hot dog at **Pink's** (*vegetarian option available*), indulge in a sweet treat from **Voodoo Doughnut**, and explore the fascinating history of L.A.'s glowing past at the **Neon Museum**. Browse the shelves of the beloved **Galco's Soda Pop Stop**, home to hundreds of unique and vintage soft drinks, before ending the day with a classic root beer float at **Fair Oaks Pharmacy and Soda Fountain**. **Take a step back in time on this fun-filled journey through the iconic sights, flavors, and nostalgia of Los Angeles!**

SoFi Stadium- Behind the Scenes Tour

Tuesday, September 8, 2026 • 9:45am-6:15pm

\$105 per person • Partially Sponsored by GSCC

Walking Scale= 3

Experience one of the most impressive **sports and entertainment venues** in the world on this exclusive *behind-the-scenes* tour of **SoFi Stadium**! Home to the L.A. Rams and Chargers, the host site for the 2026 FIFA World Cup, the 2027 Super Bowl, and the 2028 Olympic Games. Led by **Curt Tucker**, you'll explore areas that are typically closed to the public, including a luxury suite, the players' locker room, and other exclusive spaces all while learning about the stadium's remarkable construction and history. Before the stadium visit, enjoy **lunch on your own** at the legendary **Philippe The Original**; the historic L.A. deli famous for its French dip sandwiches and other comfort fare.

National & International Trips

For more detailed information, see individual trip brochures available at the Goebel Adult Center.

Contact Mark Williams, Recreation Specialist, mwilliams@crpd.org regarding National & International Trips.

San Antonio Holiday • December 1, 2026

\$3,300/per person, double occupancy

\$4,050/per person, single occupancy

New York City Christmas • December 7, 2026

\$3,999/per person, double occupancy

\$4,899/per person, single occupancy

Victoria & Vancouver Christmas • December 8, 2026

\$4,799/per person, double occupancy

\$5,999/per person, single occupancy

Hearst Castle at Christmas Time • December 13, 2026

\$799/per person, double occupancy

\$999/per person, single occupancy

Morocco • January, 2027

\$7,175/per person, double occupancy

\$8,625/per person, single occupancy

Ecuador & Galapagos Islands Cruise • February, 2027

\$8,599-\$9,499/per person, double occupancy (*depending on cabin choice*)

\$10,974-\$12,274/per person, single occupancy (*depending on cabin choice*)

Great Trains & Grand Canyon • February, 2027

\$4,049/per person, double occupancy

\$4,999/per person, single occupancy

French Riviera Explorer • March, 2027

\$4,999/per person, double occupancy

\$5,849/per person, single occupancy

Goebel Senior Center Commission

a 501(c)(3) Nonprofit Community Service Organization

The Goebel Senior Center Commission (GSCC) is dedicated to establishing policies for the operation of the Goebel Adult Community Center (GACC). The GSCC acquires and allocates funds to support the GACC. GSCC Commissioners are volunteers who donate their time, share unique skills, and serve on various committees to assist in the planning, organizing, and execution of programs that are aimed towards benefiting the local older adult population in the community. Regular commission meetings are open to the public and take place at the Goebel Adult Center on the fourth Wednesday of each month at 1:00pm.



Pictured (left to right): Sandy Barry, Karen Ise, Dorothy Hatfield, Amelia Ammons, Mickey Toyen, Mindy Rosiejka, Lisa Thorsen, Cynthia Bengtson, Maxine Cleary, Mary Martinich, Nancy Healey, Chris Maccarone

Not pictured: Vicki Dunbar, Carol Partington, Patricia Schiano



Resource Directory for Older Adults

Directorio de Recursos
para Personas Mayores

toaks.gov/olderadults



Scan QR Code to view
the digital version

*Escanee el código QR
para ver la versión digital*

EDITION:

AUGUST 2026

Enrich • Engage • Explore

Conejo Recreation & Park District

The

Goebel Gazette



KINDLY DELIVER TO:



THOUSAND OAKS SUMMER BEACH BUS

JUNE 15 - AUGUST 8

K - 12th GRADE AND COLLEGE STUDENTS RIDE FREE

ROUND TRIP FARE
REGULAR \$4.00
SENIOR/ADA \$1.00
Cash only

ZUMA BEACH
Monday - Thursday

To Zuma Beach	Trip 1	Trip 2
Depart - Borchard Community Center	9:00 am	11:15 am
Depart - Teen Center	9:20 am	11:35 am
Arrive - Zuma	10:00 am	12:35 pm
Back to T.O.	Trip 1	Trip 2
Depart - Zuma	2:00 pm	4:15 pm
Arrive - Teen Center	2:40 pm	5:00 pm
Arrive - Borchard Community Center	3:00 pm	5:20 pm

VENTURA HARBOR BEACHES
Friday & Saturday

To Ventura	Trip 1	Trip 2
Depart - Teen Center	9:00 am	11:15 am
Depart - Borchard Community Center	9:20 am	11:35 am
Arrive - Harbor Village	10:10 am	12:25 pm
Arrive - Harbor Cove Beach	10:15 am	12:30 pm
Back to T.O.	Trip 1	Trip 2
Depart - Harbor Village	2:00 pm	4:30 pm
Depart - Harbor Cove Beach	2:10 pm	4:40 pm
Arrive - Borchard Community Center	3:00 pm	5:30 pm
Arrive - Teen Center	3:20 pm	5:50 pm

MORE INFORMATION AT
TOAKS.GOV/BEACHBUS OR
CALL (805) 375-5467

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